

**Office Hours:**

The **Parish Office Hours** are **9:00 a.m.** until **2:00 p.m.**, **Monday through Friday.**

The Rite of Christian Initiation for Adults (RCIA): Are you an **unbaptized** adult who has discerned God's call to conversion and faith, and are seeking to answer that call? Or perhaps you are a **Baptized** member of another faith, seeking to explore the truth of **Catholicism** and become one in full communion with the Catholic Church? Or have been Baptized into the Catholic Church as an Infant, but as an adult, you feel that you have not been **properly catechized**? Then you may want to consider exploring **RCIA** here Sacred Heart Catholic Church. If you would like to learn more about RCIA here at our Church, please contact our Parish Office at **(614) 294-5319**.

Saint Joseph Day Celebration: March 19th is the Feast of Saint Joseph, Husband of Mary. Saint Joseph has been honored on March 19th since the end of the 10th Century. Pope Pius IX declared Saint Joseph Patron of the Universal Church in 1870; he is also the patron of workers and carpenters and of the countries of Austria, Belgium, Bohemia, Canada, Mexico, Peru and Vietnam.

In Italy, Saint Joseph's Day is a popular Feast Day. As patron saint of the family, home and working man, Saint Joseph is one of the most beloved saints, and Italians mark the holiday with religious ceremonies, large dinners and other merry-making. Because Saint Joseph also is the patron saint of the poor and the aged, the dinners are often shared with the less fortunate. Money and other gifts are presented.

Several desserts may be made, but a sweet ricotta-filled pastry is the most popular. Most persons prepare **Sfingi di San Giuseppe** (Saint Joseph's Day Cream Puffs); also called **zeppole**, **crullers** or **bignets**. They sometimes are deep-fried, rather than baked. Another tradition is small round loaves of bread called **fritelli**.

Around Us

It's Fish Fry Time: One of the great parts of Lent is the return of that wonderful Catholic institution, the Friday Fish Fry. Since you are going to give up meat every Friday, this is a great way to get something extra out of that discipline. The Fish Fry is a chance to not only make a personal sacrifice, but also strengthen your bond with your spiritual community by joining other Catholics at these weekly gatherings. The following is a small sampling of fish fries offered within the Diocese of Columbus:

IMMACULATE CONCEPTION –

414 E. North Broadway, Columbus (Marian Hall),
Each Friday; **March 3-April 7 • 5:00-7:30 p.m.**

OUR LADY OF VICTORY CHURCH –

1559 Roxbury Road, Columbus,
Each Friday; **March 3-April 7 • 4:30-7:00 p.m.**

ST. ANDREW CHURCH –

1899 McCoy Road, Upper Arlington,
Each Friday; **March 3-April 7 • 4:30-7:00 p.m.**

ST. BRENDAN CHURCH –

4475 Dublin Road, Hilliard (In School),
Each Friday; **March 3-April 7 • 4:30-7:30 p.m.**

For the complete Fish Fry Guide, visit the Diocese of Columbus website at www.colsdioc.org, and click on "Lenten Activities."

St. Ladislav Parish Spaghetti Dinner: St. Ladislav Parish Annual Spaghetti Dinner is **Sunday, March 26, 2017, from 12:00-5:00 p.m.** Cost is **Adults: \$8.00** and **Child/Seniors: \$5.00. Carry-out Available.** Dinner includes spaghetti, meatballs, salad, bread, dessert and beverage.

Women's Silent Retreat: The annual Silent Retreat will take place from March 31-April 2, at St. Therese's Retreat Center, Broad Street, Columbus, OH. Women from all areas will come together to pray, reflect and refresh. This year's theme is: *The Seven Deadly Sins vs. Life to the Full*. To learn more, visit www.dccw.org, or call the DCCW Office at (614) 228-860.

Liturgical Calendar – March: The month of **March** is dedicated to **St. Joseph**. The entire month falls during the liturgical season of **Lent**, which is represented by the liturgical color purple — a symbol of penance, mortification and the sorrow of a contrite heart.

Holy Father's Intentions for the Month of March 2017

You are invited to answer the Holy Father's request and to join with many people worldwide in praying for the following intention:

That persecuted Christians may be supported by the prayers and material help of the whole Church.

Church Regulations Regarding Fast and Abstinence

during Lent: Abstinence from meat (beast or fowl) is to be observed by all Catholics fourteen years and older on Ash Wednesday and on all Fridays of Lent. This obligation prohibits the eating of meat, but not eggs, milk products, or condiments of any kind, even though made from animal fat. The law of fasting on Ash Wednesday and Good Friday applies to all Catholics from age 18 through age 59.

Did You Know: The Gregorian Calendar (1582), now used worldwide, is a fruit of work by Catholic astronomers, as is the development of astrophysics by the spectroscopy of Fr. Angelo Secchi (1878d).

Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life.

~ John 4:14



Prayer

God of all creation, we welcome You into our lives in a new way this Lent. We are ready to serve Your people, especially our brothers and sisters who are most in need. We are ready to live out Your call to mercy. Through our prayers, fasting and Lenten gifts, we may learn to walk as one global human family. May we learn to listen to each other, and in so doing, hear the merciful words of Christ. Amen